

# MONKEYPOX CAN SPREAD TO ANYONE.

## TAKE THE FOLLOWING STEPS TO PREVENT GETTING MONKEYPOX:

- Wash your hands often with soap and water or use an alcohol-based hand sanitizer. AVOID the following with anyone that has a new or unidentified rash:
  - Kissing, hugging, cuddling or having sex
  - Sharing eating utensils or cups
  - Touching their bedding, towels, or clothing
  - Touching their rash or scabs
  - Touching objects or surfaces that they have touched

## WHERE CAN I GET TESTED FOR MONKEYPOX?

- If you have a rash or sore, see your primary care provider – if you don't have a provider please call (541) 682-4041. Keep the rash covered, wear a mask, and avoid skin-to-skin contact with anyone until you have been checked out.



**PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT